



## SAEC Fire Fighter Combat and Rescue Challenge at SAESI 2017

The SA Emergency Care (SAEC) Fire Fighter Combat and Rescue Challenges took place during SAESI Conference, Expo and Training Challenges 2017 held at NASREC in Johannesburg. The event consisted of an individual combat challenge, a rescue challenge for teams and a team relay event. Bunker gear and self-contained breathing apparatus (SCBA) sets were worn during all the events.

60 people participated in the individual challenge, 13 of whom were female and 15 teams entered the relay event, of which two teams were female. The rescue challenge saw nine teams participating of which only two were all female

teams. 23 masters (over the age of 35) participated with six being female.

Participating municipalities included Eden District Municipality, City of eThekweni, City of Cape Town, Overstrand Municipality, Midvaal Municipality, Nelson Mandela Bay Metro Municipality, Drakenstein Municipality, Msunduzi Municipality, Mangaung Metro Municipality, City of Johannesburg reserves, the South African Air Force and some independent teams.

### Individual and team relay events

The individual event included the tower stage where participants had to carry rolled hose up five flights of stairs and then hoisted another rolled hose coil, weighing 21kg, to the top of

the tower. The Kaiser Force machine followed where after they had to run zig-zag through a course of cones, pick up a charged hose at the end and pull it over 20 metres, exit through swing doors, open the nozzle and knock the target over. The dummy drag then followed over a distance of 30 metres.

### Rescue challenge

The rescue challenge saw a team of four fire fighters crawling through small tunnels and over a triangular obstacle, retrieving Oscar the dummy and returning over the same obstacle course on their knees while being blindfolded.

A very big thank you to Jan and Elmaré Liebenberg for their sponsorship of this event. ▶





